Weakley County
School Nutrition Department

## Martin Primary School <br> January 2024 Menu

"This institution is an equal opportunity provider."
Menu is subject to change without prior notice.


| 15. | 16. Breakfast Pizza UBR Pop Tarts | 17. Sausage Biscuit Lemon Bread Cereal Bar and Snack Crackers | 18. Chicken Biscuit Pillsbury Waffles Pop Tarts | 19. Bacon \& Cheese Biscuit Powdered Donut Holes Cereal |
| :---: | :---: | :---: | :---: | :---: |
|  | BBQ Sandwich Or Hot Dog Corn Baked Potato w/ Butter and Sour Cream Broccoli and Cheese Pineapple $3^{\text {rd }}$ Choice Pretzel Lunchable | Traveling Taco Cheese Cups, Shredded Lettuce Salsa \& Sour Cream Or Pizza Seasoned Fries Corn and Black Bean Fiesta Fresh Tossed Salad Applesauce 3rd Choice Pizza Lunchable | Chicken Drumsticks w/ Hot Roll Or <br> Fish Sticks w/Hushpuppies <br> Maple Glazed Sweet <br> Potatoes <br> White Beans <br> Onion Rings Peaches <br> $3^{\text {rd }}$ Choice <br> Ham \& Cheese Lunchable | Philly Beef Steak Sandwich Or <br> Hot Ham and Cheese Sliders <br> Potato Wedges Corn <br> Carrots w/ Ranch Fruit Cocktail <br> Chocolate Chip Cookie <br> $3^{\text {rd }}$ Choice <br> Fresh Fruit and Yogurt Parfait |
| 22. Ham and Cheese Sliders Cinnamon roll Cereal | 23. Breakfast Pizza UBR Pop Tarts | 24. Sausage Biscuit Banana Bread Crunch Mania | 25. Chicken Biscuit Pillsbury Pancakes Pop Tarts | 26. Beef Steak Biscuit Donuts Cereal |
| Grilled Cheese w/ Vegetable Beef <br> Soup <br> Or <br> Meatball Sub <br> Corn on the Cob <br> Fries <br> Seasoned Steamed Veggie Blend <br> Sorbet Cup <br> $3^{\text {rd }}$ Chocie <br> Cereal \& String Cheese | Cheese Quesadilla Or Burrito <br> Mexican Rice w/ Cheese <br> Tostitos w/ Salsa <br> Fiesta Refried Beans Fresh Broccoli w/ Ranch Peaches <br> $3^{\text {rd }}$ Choice <br> Chef Salad | Chicken Rotel Or Hamburger Steak w/ Gravy <br> Cornbread <br> Black-eyed Peas <br> Steamed Broccoli \& Cheese <br> Baked Sweet Potato w/ Butter and Brown Sugar <br> Fresh Tossed Salad <br> Mandarin Oranges <br> $3^{\text {rd }}$ Choice <br> Ham Sandwich | Chicken Patties <br> Sausage Patties Biscuits w/ Gravy \& Jelly <br> Tater Tots <br> VBlend Juice <br> Carrots w/ Ranch <br> Baked Apples <br> $3^{\text {rd }}$ Choice <br> Yogurt \& Snack Cracker | Beef Dippers w/ Hot Roll <br> Or <br> Stuffed Crust Pizza <br> Glazed Carrots <br> Green Beans <br> Mashed Potatoes <br> Tropical Fruit <br> Chocolate Pudding <br> $3^{\text {rd }}$ Choice <br> Bologna Sandwich |
| 29. Chicken Slider Strawberry Bagel Cereal | 30. Breakfast Pizza Muffins w/string cheese Pop Tarts | 31. Sausage Biscuit Apple Frudel Crunch Mania | FEB 1. Egg \& Cheese Biscuit Pillsbury Pancakes Pop Tarts | FEB 2. Breakfast burrito Glazed Donut Holes Cereal |
| Chicken Sandwich Or Bacon Cheese Burger <br> Lettuce, Tomato, Pickle <br> Sidewinder Fries <br> Baked Beans <br> Onion Rings <br> Applesauce <br> $3^{\text {rd }}$ Choice <br> Cereal \& String Cheese | BBQ Nachos <br> Salsa/Sour Cream/Nacho Cheese <br> Or <br> BBQ Bologna w/ Hot Roll Fries <br> Corn <br> Refried Beans <br> Mandarin Oranges <br> $3^{\text {rd }}$ Choice <br> Nacho Cheese Lunchable | Popcorn Chicken w/ Hot Roll Or <br> Sweet and Sour Meatballs w/ Hot Roll <br> Mashed Potatoes w/ Gravy Green Beans Green Peas <br> Diced Pears YOUR HEART <br> $3^{\text {rd }}$ Choice WiTh ART Deli Sub | Baked Rotini w/ Breadstick <br> Or <br> Cheese Sticks w/ Marinara <br> Cooked Carrots <br> Seasoned Roasted/Steamed Veggies <br> Fresh Tossed Salad Peaches <br> $3^{\text {rd }}$ Choice <br> Ham \& Cheese Lunchable | Lemon Pepper Chicken w/ Hot <br> Roll <br> Or <br> Pork Chop w/ Hot Roll <br> Green Peas <br> Cheesy Potatoes Okra Lima Beans Tropical Fruit Jello cups <br> $3^{\text {rd }}$ Choice Pretzel Lunchable |

